



The moral code of Karate is derived from the philosophy of martial arts based on the BUDO and BUSHI DO principles. Honor and loyalty are the two most important principles of this Code. Equally important principles are: devotion, justice, courage, kindness and kindness, sincerity, respect and decency, modesty, humility and, above all, self-control.

Honor - meiyō

A property is essential. We cannot fight without a sense of honor. Everything else derives from it, it means having a moral code, an ideal and respecting it.

Loyalty - chujitsu

Honor cannot make sense without fidelity and devotion to certain ideals and to those who share it together in karate. It is essential that the commitments are met and that the word is kept.

Sincerity – seijitsu

Loyalty requires sincerity in one's words and deeds, because without it there can be no trust. The lie of ambiguity breeds suspicions that are a source of quarrels and disputes. Greetings in karate-do is an expression of this sincerity. It is a signal that we do not hide our thoughts, feelings and we can be ourselves.

Courage - yuuki

The power of the spirit that makes us resilient to danger and suffering is called courage. It means respecting what seems right to us at all times, being able to overcome our fears and anxieties. Bravery, enthusiasm and will are the pillars of courage.

Goodness and kindness – shinsetsu

Goodness and kindness are a sign of courage and reveal a high degree of humanity. It is a state of spirit that leads us to the future, to mutual help, to the attention of others, to the world around us, to respect for life.

Modesty and humility – ken

Goodness and kindness cannot be expressed without moderation in self-esteem. Knowing to be humble and free from pride and vanity is the only guarantee of modesty. It means being real, without false ideas about yourself.

Justice - tadashi

Justice means always following the line of duty and never deviating from it or leaving it. Devotion, honesty and sincerity are pillars of justice that will enable us to make sensible and correct decisions.

Respect - sonchoo

Justice evokes respect in the eyes of those around us. It is a quality to know how to treat people with things with respect, as required by their age, merit, and to respect these qualities is sacred. Decency is an expression of respect for neighbors, whatever their qualities, weaknesses and social status. Ethics and etiquette are an expression of respect and decency.

Self-control - seigo

This should be an unconditional characteristic of every karateka. It means masterful control of one's instincts and feelings. It is one of the goals of martial arts. It determines all our success. The duty of traditional morality and honor determined in karate-do is the basis for gaining this mastery.